

Informational Text and Integration of Knowledge and Ideas

Grade Level: 6

Competency 1: Comprehend concepts related to health promotion and disease prevention to enhance health.

Objective: To have students understand that the choice to walk can keep you healthy physically, emotionally and socially. Educate and persuade themselves and others to walk.

Content Strand: PH and CH

Common Core:

6.RI.7 Integrate information presented in different media or formats (e.g. visually, quantitatively) as well as in words to develop a coherent understanding of a topic or issue.

6.W.8 Interpret information presented in diverse media and formats (e.g. visually, quantitatively, orally) and explain how it contributes to a topic, text, or issue of study.

6.SL.5 Include multimedia components (e.g. graphics, images, music, sound) and visual displays in presentations to clarify information.

Prerequisites: Students should be shown how to use Padlet. Students should be familiar with how to use search tools on the internet.

Materials: Computers with Internet access
Smart-board and/or projector

Description: The teacher will display on projector or in paper format the poem, “As I Walked Out One Evening” by W. H. Auden or another choice of poem or quote that will conjure benefits of walking. The teacher will read the poem aloud. The teacher will then ask the students to pair and share to identify and find benefits of walking from the text and their own text to world experiences.

The students will share their responses with the class and discuss and compile a list of benefits of walking. (Exercise to build muscle and increase heart rate, time to think, time with family/loved ones, get to know neighborhood, environmentally helpful, reduce traffic, enjoy the beauty of the world, etc.)

The students will be asked to create a Padlet wall that will persuade others to walk to keep healthy physically, mentally, and socially. They will research and find articles, videos, images, and quotes to post on their Padlet wall to support and persuade their audience to walk and to be healthy.

Resources:

Poem “As I Walked out One Evening”, by W. H. Auden
<http://www.poets.org/viewmedia.php/prmMID/15551>

Walking Quotes

<http://www.egreenway.com/wellbeing/walking4.htm>

<http://ecosalon.com/30-quotes-about-the-joys-of-walking/>

<http://www.gardendigest.com/walking.htm>

Latin phrase “solvitur ambulando” roughly translates as “all is solved by walking”.

<http://padlet.com/>